# Who could your trusted adult in school be?

- > ANYONE
- > Maybe a teacher Mrs Beloe or Miss Harris
- > Maybe a Teaching Assistant
- > Maybe someone at lunchtime
- > Maybe Mrs Lovett
- > Maybe Mrs Bosley



## If you feel, -

- > Unhappy or sad about school
- > Unhappy or sad about something happening at school
- > Unhappy or sad about someone that you see at school

Then this booklet will tell you what you can do.

# Things you could do:

- > Tell a parent / carer or family member
- > Tell a trusted grown-up in school
- > Write it down and put it in the worry box
- > Ask someone to write it down and put it in the worry box

#### NEVER KEEP IT TO YOURSELF

## We will:

- > Always listen to you
- Find out what has been happening
- > Do everything we can to sort it out
- > Keep you safe